



Impact of Your Gift to United Way of Garfield County

Per pay amounts based on 26 pay periods a year.

Your gift of \$1 per day for a year will:

- Help one family with emergency rent assistance.
- Help one family with emergency utility assistance.
- Help over six individuals get a hot meal.

Your gift of \$5 per pay check will:

- Connect over 180 families to basic services they need, such as clothing, hot meal, food box and emergency aid.
- Assist 15 newcomers of diverse ethnic backgrounds to settle in and adapt to a new life, by providing much needed information and support services.
- Help 76 low-income seniors and people with disability to fill in their income tax returns if they're able to continue receiving support from federal and provincial programs, such as spousal allowance and widow allowance.

Your gift of \$10 per pay check will:

- Help provide eight people who have a developmental or learning disability with preventative programs that encourages skills in the areas of independent movement, social and communication skills.
- Connect over 80 families to basic services they need, such as clothing, hot meal, food box and emergency aid.
or
- Help one family with emergency rent assistance.
- Help two families with utility shut off prevention.

Your gift of \$25 per pay check will:

- Help 10 seniors to become or remain socially active through a seniors outreach program. Volunteers visit regularly to provide constant social contact and involvement in community events, activities and services.
- Support 17 girls in making healthy lifestyle choices and developing positive attitudes towards diet, nutrition, physical activity, body image and sexuality.
or
- Connect 70 families to basic services they need, such as clothing, hot meal, food box and emergency aid.
- Help two families with rent assistance.

Your gift of \$50 per pay check will:

- Support 17 parents through parent support circles where they learn to set appropriate limits with children, cope with their own frustration and manage anger. The circles help parents feel connected to their kids again and develop better relationships.
- Help two women get out of a domestic violence situation.
or
- Connect 138 families to basic services they need, such as clothing, hot meal, food box and emergency aid.
- Help four families with rent assistance.